

Additional support and resources:

Primary Pupils:

Support for Home Education

Becca Handebeaux, Assistant Headteacher at Thistle Hill Primary school, has provided [home learning resources](#) for parents and clients with children of Primary age - with access to pre-recorded [home learning lessons](#) for English, Maths and Science which will be available from 9am each day. This is open to anyone.

SEND:

Please find on our website some areas of support during the current lock down procedures.

If issues arise with an EHCP application your first port of call should be the Kent SEND team for your local area. Contact information can be found on the KELSI website and in the SEN Contact and information section of our website.

We have also compiled a resources and information section which provides basic information regarding specific learning needs and tips on how to support pupils with home learning.

Other useful support networks currently operating as 'normal' are ask- an independent support service for pupils with SEND needs and EHCP application support.

The contented child website and twitter feed has excellent support programs and daily updates on dealing with specific scenarios you may be experiencing. We also work with the Kent Autistic Trust who provide legal updates and support for parents of pupils who are displaying ASC characteristic or are diagnosed as ASC.

Wellbeing:

We have created a Googleclassroom that hub provision pupils can access. This virtual classroom contains resources and activities relating to creativity and well-being. Teachers do not provide feedback in this classroom but will continue to upload additional relevant material and activities during this period.

For pupils of our other provisions and all parents/carers the following resources and contacts could be of use:

<https://www.kentcht.nhs.uk/service/school-health/covid-19-faqs-for-parents/> (NHS FAQ's for parents on COVID-19)

<https://www.covid19parenting.com/>

https://youngminds.org.uk/find-help/conditions/anxiety/?gclid=EAlaIqobChMI7rWCxoDF6AIVg7HtCh04Tw00EAAAYASAAEgJOYvD_BwE (Young Minds Anxiety resource)

<https://www.kentautistictrust.org/>

<https://thecontentedchild.co.uk/for-parents/>

<https://resourcesforautism.org.uk/>

<https://www.heysigmund.com/anxiety-in-teens/> (Adolescents, adults and Anxiety)

<https://www.annafreud.org/on-my-mind/self-care/distraction-techniques/> (Distraction techniques)

Safeguarding and health:

If you are worried about the health of your child please refer to the NHS guidance attached. If your child is overseen by a mental health service please contact your child's medical practitioner or the area team. If your child is not open to this service and you are concerned you should contact:

CAMHS Single Point of Access (SPA) on 03000 123 4496 available during working hours 9am-5pm, Monday to Friday. This number can also be used out of hours for crisis support.

If you are concerned about the safety of a child you should contact social services; they are available on 03000 416161. If you feel you need to contact KHNES for anything, please e-mail the relevant hub that oversees your child's provision.

Additional safeguarding advice and links:

<https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents>

(NSPCC has created an online hub providing advice and support for parents and carers during the outbreak. Content includes – information on keeping children safe from abuse; tips and advice to help parents working from home; and ways to talk to a child who is anxious or worried about coronavirus)

Online Safety Resources




helpline@saferinternet.org.uk
0844 381 4772



Department for Education

Teaching online safety in school

Guidance supporting schools to teach their pupils how to stay safe online, within new and existing school subjects

June 2019

NSPCC NetAware

Your guide to the social networks your kids use
Stay up to date and keep your child safe in today's digital world

Education for a Connected World

A framework to equip children and young people for digital life



Department for Digital, Culture, Media & Sport

DOMESTIC ABUSE support services in Kent & Medway

Don't suffer in silence; if you're in an abusive relationship seek help

www.domesticabuseservices.org.uk



DAVSS
Domestic Abuse Volunteer Support Services

ONE STOP SHOP
Supporting those experiencing domestic abuse

- Physical Abuse?
- Emotional Abuse?
- Harassment or Threats?
- Financial Control?
- Shouting at you in front of the Children?
- Stalking You?
- Inappropriate sexual behaviour?

From a single point of contact, you can get advice, support and referrals from different agencies under one roof.

Every Wednesday from 12:30 – 14:30
(No appointment necessary)

Folkestone Early Years Children's Centre
(Round Building)
Dover Road,
Folkestone CT20 1QF

Telephone No: 01303 212720
All other times for domestic abuse advice ring domestic 01303 244600



DID YOU KNOW REPORTS OF DOMESTIC ABUSE INCREASE DURING THE WORLD CUP?*

SHOW DOMESTIC ABUSE THE RED CARD!

IF YOU OR SOMEONE YOU KNOW IS AFFECTED BY DOMESTIC ABUSE YOU CAN GET HELP AND SUPPORT

Ashford One Stop Shop
Tuesdays 9.30-12.30

The Ashford Children's Centre
Dover Road, Ashford

For more information and other services visit
www.domesticabuseservices.org.uk

SATEDA
Swale Action To End Domestic Abuse



Rising Sun
Domestic Violence & Abuse Service

FOR PARENTS

A SPECIAL COVID MESSAGE

When your child is ill or injured it is very difficult to decide if/when to call your child's GP, NHS 111 or go to the Accident and Emergency Department (A&E). During the current situation and while the government is asking everyone to stay at home, it can be confusing to know what to do. Here is some guidance:



FOR ADVICE ON COVID-19 AND CHILDHOOD ILLNESSES/INJURIES VISIT WWW.NHS.UK

Designed by primary and secondary care clinicians from Barts Health & North-East London STP

YOU SHOULD GO TO A&E AND/OR CALL 999 IMMEDIATELY IF

APPEARANCE

- ▶ Pale/mottled/ashen/blue colour
- ▶ Collapsed/unresponsive/loss of consciousness
- ▶ No obvious pulse or heartbeat
- ▶ Severe allergic reaction

BEHAVIOUR

- ▶ Extreme irritability/pain/sleepiness (can be woken but falls asleep immediately)
- ▶ Seizure/jerking movements/fit

BREATHING

- ▶ Sucking in and out between ribs
- ▶ Flaring nostrils
- ▶ Extremely fast breathing
- ▶ Noisy breathing

OTHER

- ▶ Bleeding from an injury, that doesn't stop after 10 minutes of pressure

YOU SHOULD GO TO A&E IF

APPEARANCE

- ▶ Dizziness/feeling faint
- ▶ Rash that does not fade when you press it

BEHAVIOUR

- ▶ Severe constant tummy pain

OTHER

- ▶ Burn
- ▶ Possible broken bone

OTHER

- ▶ Swallowed foreign objects (especially magnets/batteries)
- ▶ Temperature higher than 38°C in a baby younger than three months old
- ▶ Your child has special health care needs and you have a plan that tells you to go to A&E
- ▶ Feels abnormally cold to touch
- ▶ Expressing suicidal/significant selfharm thoughts

YOU SHOULD CALL YOUR GP IF

APPEARANCE

- ▶ Mild/mod allergic reaction (known or suspected)
- ▶ New rash that fades when you press on it

BEHAVIOUR

- ▶ Mild irritability/sleepier than normal
- ▶ Severe tummy pain that comes and goes
- ▶ Vomiting and diarrhoea
- ▶ Not passed urine for more than 12 hours

BREATHING

- ▶ Wheezing/fast breathing

OTHER

- ▶ Temperature >39°C (age 3-12 months)
- ▶ Temperature over 38°C for more than 7 days
- ▶ Accidental overdose of medication or other substances
- ▶ Ear pain for more than 2 days
- ▶ Emotional distress, that can't be reassured

YOU SHOULD CHECK WITH 111 OR YOUR COMMUNITY PHARMACIST IF

APPEARANCE

- ▶ Pink eyes/red eyes

BEHAVIOUR

- ▶ Ear pain for less than 2 days
- ▶ Mild tummy pain that comes and goes